



CoolFarm 
in/store

| PLANT LIST

1. IN/STORE for food production

1.1 MICROGREENS

Any seed set for microgreens can be grown in InStore. Microgreens are crops grown, generally until full cotyledon formation or first true leaf

A list of examples:

Amaranth

Basil (sweet Genovese, dark opal, thai etc)

Beetroot

Borage

Broccoli

Brussels Sprout

Cabbage

Celery

Chard

Chives

Coriander

Cress

Fennel

Kohlrabi

Leek

Mizuna

Mibuna



Mustard (frills, red lace, red lion, white etc)

Pak Choi

Parsley

Pea shoot

Radish

Rocket (victoria, scorpion, wild)

Sunflower

Tagetes

1.2 BABYLEAF

Baby leaf are crops grown for a short period cycle, generally within the 8 to 15cm leaf size. Popular for salad bags present in the supermarkets, among others.

A list of examples:

Amaranth

Arugula

Broccoli/Calabrese

Cabbage

Celery

Chard

Chopsuey Greens

Coriander

Cress

Entsai (Water Convolvulus)

Kale

Komatsuna (Mustard Spinach)



Leek

Lettuce (batavia, butterhead, iceberg, green & red oak, solonova, lollo bionda etc)

Mibuna

Minutina (Erba stella)

Mizuna

Mustard (frills,

Nasturtium

Pak Choi

Pea

Perilla/Shiso

Radish

Rocket (Rucola)

Salsola

Sorrel

Spinach

Stridolo

Swiss Chard (Leaf Beet)

Tatsoi

Turnip

Watercress



Salad mixes (generally done with plants with same life cycle)

- **Brassica species mix** (e.g. pak choi, mustards, cabbage, kale, etc.)
- **Lettuce mix** (e.g. green oak, red oak, etc.)
- **Variety mix** (e.g. mizuna, pak choi, lettuce, coriander, rocket, cress, pea etc.)

1.3 HERBS

A list of examples:

Basil (dark opal, sweet Genovese, purple, thai etc)

Borage

Chervil

Chicory

Chives

Coriander

Dill

Garlic Chives

Mint

Oregano

Parsley



Peppermint

Rosemary

Sage

Stevia

Tarragon

Thyme



1.4 HYDROPONIC FODDER

In general grasses grow well in hydroponic/fertigation systems. Commonly used cattle sprouts are: Wheat grass and Alfalfa.

2. IN/STORE as plant nursery

In general, in/store can control all environmental conditions for plant germination stage. As such a small list of examples follows

2.1 FRUIT & VEGETABLES

Beans

Broccoli

Brussels sprouts

Cabbage

Cauliflower

ChardChoy sum

Courgette

Cucumber

Endive

Kaibroc

Kale

Kohlrabi

Leek

Lettuce

Onion

Pak choi



Peppers

Pumpkin

Squash

Strawberry

Sunflower

Sweet peppers

Tomato

Turnip

2.2 HERBS

Basil

Borage

Chervil

Chicory

Chives



Coriander

Dill

Garlic Chives

Mint

Oregano

Parsley

Rosemary

Sage

Tarragon

Thyme



2.3 FLOWERS

Agastache
Alcea
Allium
Anagallis
Anemone
Anthemis
Aster
Bellis



Calendula
Centaurea
Coreopsis
Chrysanthemum (cuttings)
Dandelion
Equinacea
Eschscholzia
Lavandula

Malva
Myosotis
Physalis
Primula
Stevia
Sunflower
Tagetes
Viola





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